



NEWS ADVISORY

Monday, November 19, 2007
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UDOH, Partners Sponsor Testing for People with Diabetes *Special reduced-price testing available in November*

WHAT: A1C testing will be available to patients with diabetes along the Wasatch Front for just \$5 during the last week of November. The A1C test promotion is part of the Utah Department of Health's Diabetes Prevention and Control Program's A1C awareness campaign. A diabetes education worker will be on hand at participating Macey's Grocery locations to help patients understand their test results, and to talk about the importance of monitoring A1C levels to their ongoing diabetes treatment.

WHY: The A1C is a simple blood test that reflects blood sugar control over a three-month period. The A1C number gives patients a good indication of how well their overall diabetes treatment plan is working: The higher the A1C level, the higher the risk of developing diabetes-related complications.

Most people with diabetes should have an A1C below 7. An A1C test should occur 2-4 times per year. Although the A1C test is an important tool in glucose level control, it cannot and does not replace a patient's need for daily blood glucose monitoring.

WHO: A1C testing partners include Associated Food Stores and KSL Radio.

WHEN &

WHERE: • **Saturday, November 24, Orem Macey's, 9 a.m. – 12 p.m.**
1300 South State Street For more info, call 801-227-3000

• **Wednesday, November 28, Sandy Macey's, 4 – 7 p.m.**
7850 South 1300 East. For more info, call 801-255-4888

• **Thursday, November 29, Clearfield Macey's, 4 – 7 p.m.**
580 S State Street. For more info call 801-773-8700

PLEASE NOTE: Media are encouraged to include this information in their community event listings through November 30, 2007.

For more information on the importance of A1C testing, or testing locations and availability, please contact Janae Duncan at 801-538-6896.

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